

MibroWatch GS Explorer S
User Manual

mibro

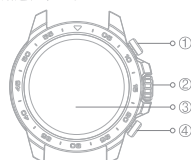
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用户手册

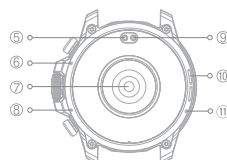
使用产品前请仔细阅读本说明书,并妥善保管。

产品介绍

包装清单:手表主机Mibro Watch GS Explorer S (含表带) X 1, 产品说明书 X 1, 磁吸充电器 X 1, 赠送表带X 1。



- ① 开机:长按5秒
关机:长按3.5秒到关机页面
返回上一级:点按一次
- ② 点按:返回HOME/菜单列表
旋转:菜单滚动操作



- ③ 全触显示屏
- ④ 快捷键 / 确认键
- ⑤ 充电接口(负极)
- ⑥ 麦克风
- ⑦ 心率传感器
- ⑧ 平衡孔
- ⑨ 充电接口(正极)
- ⑩ 喇叭孔
- ⑪ 气压孔

绑定手表

- ① 请扫描二维码下载"Mibro Fit" App。(右图所示)
- ② 请使用"Mibro Fit" App 手动扫码配对。



解绑手表

- ① 安卓系统:在App内选择"删除当前设备",即可解绑设备。
- ② iOS系统:在App内选择"删除当前设备",并根据提示跳转到手机系统蓝牙 界面,选择忽略当前设备才可解绑设备。

充电说明

1. 请勿在潮湿有水的环境下充电；
2. 请确保手表本体和磁吸充电器上的金属触点没有脏污或腐蚀；
3. 请定期用干净的绒布清洁手表背面和磁吸充电线器的金属触点。
4. 本产品不配备电源适配器，为了保证家人及财产安全，在充电时，可以使用电脑USB接口或选用输出不超过5V=1A的电源适配器。请通过正规渠道购买电源适配器，杜绝使用低质、伪劣的电源适配器，避免引起爆裂或起火。



功能介绍

	运动	支持150种类运动模式。
	日常活动	每日活动记录，只记录当天数据，每天00:00清零重置。
	电话	手机与手表连接，可以在手表上接听和拨打电话。
	运动记录	记录一天的运动数据，包括步数、距离、卡路里、活动时间、活动次数。
	心率	智能监测心率。
	血氧	智能监测血液中的含氧量。
	睡眠	智能监测你的睡眠质量。
	户外探索	记录轨迹、管理航点，监测环境，提供导航和安全提醒。
	天气	实时显示天气、气温、空气质量、紫外线强度，预报未来天气和降雨概率。
	训练状态	跟踪运动表现，展示训练负荷与恢复信息。
	跑步能力	监测和分析跑步活动，提供实时数据和详细报告，帮助用户提升跑步表现。
	压力	监测和分析用户的压力水平，提供实时压力数据和详细报告，帮助用户管理和缓解压力。
	音乐控制	无缝切换播放设备（手表或手机），轻松控制音乐播放，支持暂停、上一曲和下一曲操作。
	闹钟	设置和管理多种闹钟，支持智能提醒和自定义铃声，帮助用户按时起床或提醒重要事件。
	世界时钟	显示和管理全球多个时区的时间，方便用户随时了解不同地区的当前时间。
	路线导航	提供跑步/骑行路线预览、设置、应用，支持导航视角调整和偏离提醒。
	手电筒	可开启或关闭，调节闪烁频率（不闪、慢闪、快闪），并选择颜色（白、红、蓝、黄）。
	天文	展示当天及未来日期的日出日落、月相及月面照亮情况、以及月升月落时间。
	潮汐	提供潮汐站点信息、海水高度、涨退潮状态及下一个满潮或干潮的时间和高度。

CN

呼吸训练	可设定不同频率、不同时间进行呼吸调整训练。
找手机	连接手机后可通过手表查找手机。
生理周期	记录女性生理期状况,并提前预警。
指南针	手表指南针功能。
海拔气压	计量手表海拔气压和海拔高度功能。
相机控制	遥控拍照,增加延时拍照功能。
日历	手表公历日历功能。
计时器	手表快捷计时器。
秒表	手表秒表功能。
计算器	手表mini计算器。
一键排水	一键排水,按箭头指向,甩动手表加快速水滴从喇叭口排出。
语音助手	唤醒手机语音助手功能。例:通过手表唤醒ios系统手机的Siri功能。
设置	设置:显示和亮度、卡片管理、声音和震动、手势控制、消息通知、密码、使用偏好、锻炼设置、系统(关机、重启、语言,连接新手机,恢复出厂)、关于手表。

性能故障及售后条例

名称	性能故障表
Mibro Watch GS Explorer S	1.不开机；2.使用过程中手表通话无声；3.通话过程中对方听不到声音；4.显示屏不亮或触摸屏无功能；5.无法充电。

非保修条例

- 1.因用户使用造成的磨损脏污，如划痕、颜色改变的;以及接触化学试剂、尖锐物体碰伤、掉落挤压变形等人为损坏的情况；
- 2.未经授权维修、碰撞、误用、疏忽、滥用、进水、事故，以及使用非本产品标准配件造成故障的情况；
- 3.撕毁、涂改标贴、伪造防伪标识等情况；
- 4.因不可抗力造成的损坏；
- 5.不符合《性能故障表》所列性能故障的情况。

注意事项

1. 本产品的测量结果仅供参考，不作为任何医疗用途及依据。请遵从医生指导，切不可依此测量结果自我诊断及治疗。
2. 本产品防水等级为10ATM，但不防海水，也不可大于30米深度潜水以及长时间泡在水中。同时也不防热水，因为水蒸气对手表造成影响。
3. 本公司保留不作任何通知的情况下，对本说明书内容进行修改的权利，恕不另行通知。部分功能在对应的软件版本中有区别，为正常情况。

基本参数

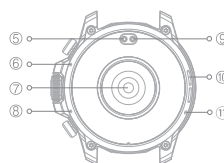
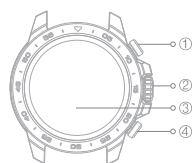
产品名称: Mibro Watch GS Explorer S
产品型号: XPAW023/ XPAW023-Ti
尺寸: $\phi 44.1 \times 13 \text{mm}$
工作频率: 2400-2483.5MHz
信号传输: $\leq 20 \text{ dbm}$
电池容量: 460mAh
标称电压: 3.85V
充电截止电压: 4.4V
额定输入: 5V $\Rightarrow$ 1A Max
最小充电功率: 0.1W 最大充电功率: 2W
设备要求: Android 5.0或iOS 10.0及以上版本
售后服务邮箱: service@mibrofit.com
制造商: 甄十信息科技(上海)有限公司
地 址: 上海市闵行区紫星路588号2幢4015室
出口商: 甄十信息科技(深圳)有限公司
地 址: 深圳市龙华区民治街道民乐社区星河WORLD二期
E栋1401、1402、1403、1408。

User Manual

Please read this manual carefully before using the product and keep it properly.

Product description

Packing list: Mibro Watch GS Explorer S (Including Silicone strap) X 1, User manual X 1, Magnetic charger X 1, Extra Strap X 1.



- | | | |
|--|-------------------------------------|----------------------------|
| ① Power on: press and hold for 5 seconds
Power off: press and hold for 3.5 seconds
to the power off page
Return to previous level: tap once | ③ Full touch display | ⑤ Balance holes |
| ② Tap: Return to HOME/Menu list
Rotate: Menu scrolling operation | ④ Shortcut Keys / Confirmation Keys | ⑥ Charging port (Positive) |
| | ⑤ Charging port (Negative) | ⑩ Speaker |
| | ⑥ Microphone | ⑪ Barometer bore |
| | ⑦ Heart rate sensor | |

Connect the watch

- ① Please scan the QR code to download the "Mibro Fit" App.
- ② Please use "Mibro Fit" to scan the QR code for pairing.



Untie a watch

- ① Android system: select "Delete current device" in the App to unbind the device.
- ② iOS system: select "Delete current device" in the App, and jump to the Bluetooth interface of mobile phone system according to the prompt, Select Ignore Current Device to unbind the device.



Charging instructions

1. Do not charge in a humid environment;
2. Make sure that the metal contact on the watch body and magnetic charger are not dirty or corroded;
3. Please clean the metal contact on the back of the watch and the magnetic charger with a clean flannel regularly. Make sure that the contacts of the watch and the magnetic charger are in full contact to ensure normal charging;
4. This product is not equipped with a power adapter. In order to ensure the safety of your family and property, you can use a computer USB port or choose a power adapter with an output not exceeding 5V=1A when charging. Please purchase power adapters through formal channels, and never use low-quality and fake power adapters to avoid bursting or fire.



EN

Features

	Sports	Support 150 sports modes.
	Daily activities	Daily activity record, only record the data of the day, and the data will be clear at 00:00 every day.
	Phone	You can answer and make calls on the watch after connecting the phone to the watch.
	Data	Record the daily exercise data, including steps, distance, calories, activity duration, activity times.
	Heart rate	Intelligently monitor heart rate.
	Blood oxygen	Intelligently monitor blood oxygen.
	Sleep	Intelligently monitor your sleep quality.
	Outdoor Exploration	Record tracks, manage waypoints, monitor the environment, and provide navigation and safety alerts.
	Weather	After connecting it to the mobile phone, you can synchronize the weather.
	Training status	Record the training status of the last 7 days and grasp the recovery time.
	Running ability	Monitors and analyzes running activity, providing real-time data and detailed reports to help users improve their running performance.
	Pressure	Monitor the change of your stress value in a day and form an analysis icon.
	Music	You can control music playing on mobile phone after connecting the watch to the mobile phone.
	Alarm	Watch alarm clock setting function.
	World Clock	There are times in 5 countries at the same time, showing the difference between the current time and the time in other countries.
	Route navigation	Provides running/riding route preview, setting, and application, supports navigation view adjustment and deviation reminder.
	Electric hand torch	It can be turned on or off, adjust the blinking frequency (no blinking, slow blinking, fast blinking), and select the color (white, red, blue, yellow).
	Astronomers	Shows sunrise and sunset, moon phases and moon illumination, and moonrise and moonset times for the current day and future dates.
	Tides	Provide tidal station information, sea water height, high and low tide status, and the time and height of the next full or dry tide.

	Breath training	Different frequency and time can be set for respiratory adjustment training.
	Search your phone	After connecting the phone, you can find the phone through the watch.
	Women's health	Record women's physiological period conditions and give early warning.
	Compass	Watch compass function.
	Altitude pressure	Measure altitude pressure and altitude.
	Camera control	Remote control photo taking, add time-lapse photo function.
	Calendar	Watch Gregorian calendar function.
	Timer	Watch quick timer.
	Stopwatch	Start the stopwatch function.
	Calculator	Watch mini calculator.
	One-touch draining	One-touch draining, press the arrow and shake the watch to speed up the drainage of water droplets from the horn.
	Voice assistant	Wake up your phone's voice assistant function. Example: Wake up the iOS system from your watch The Siri function of the phone.
	Setting	Display & Brightness, Vibration Mode, Message Notifications, Password Settings, Preferences, Workout Settings, System, Shutdown and Restart, Language Settings, Connect a New Phone, Factory Reset, DND Mode, Phone Connect Portable, Personal Data, Notifications, Energy Saving Mode, Data Recovery, Time and Other Settings.



Trouble shooting and after sales regulations

Name	Bluetooth watch
Mibro Watch GS Explorer S	1. The watch cannot be powered on. 2. The watch calls are silent during use. 3. During the call, the other party cannot hear the sound. 4. The display does not light up or the touch screen cannot be operated. 5. Unable to charge.

Non warranty regulations

1. Wear and dirt caused by users' use, such as scratches and color changes; As well as damage caused by contact with chemical reagents, sharp objects, falling, extrusion and deformation.
2. Unauthorized maintenance, collision, misuse, negligence, abuse, water ingress, accidents, and failures caused by the use of non-standard accessories of the product.
3. Tearing, altering labels, forging anti-counterfeiting marks, etc.
4. Damage caused by force majeure.
5. Non compliance with performance faults listed in the performance default table.

Attention instructions

1. The measurement results of this product are for reference only, not for any medical purpose or basis. Please follow the doctor's instructions and never make self-diagnosis and treatment based on the measurement results.
2. The waterproof grade of this product is 10ATM, but it is not against sea water. Do not dive to a depth of 30 meters or soak in water for a long time. At the same time, it doesn't prevent hot water, because steam will affect the watch.
3. The company reserves the right to modify the contents of this manual without any notice. Some functions are different in the corresponding software version, which is normal.

Disposal of electrical and electronic equipment



The symbol of the crossed-out wheeled garbage can on your product, battery, or packaging is a reminder that all electronic products and batteries must be disposed of separately at the end of their life and should not be disposed of with other household waste. It is the user's responsibility to dispose of the device at an official collection point or service for the separate recycling of electrical and electronic equipment and batteries in accordance with the applicable local legislation (WEEE - Waste of Electrical & Electronic Equipment).

Options for Returning Old Devices

Owners of old devices may hand in these devices within the framework of the possibilities for the return or collection of old devices set up and available by public waste management authorities, to ensure proper disposal of the old devices. The following link provides an online list of collection and return points: <https://www.ear-svstem.de/ear-verzeichnis/sammel-und-ruecknahmestellen>.

Data Protection

We would like to remind all end users of waste electrical and electronic device that you are responsible for deleting personal data on the waste devices to be disposed of.



Declaration of Conformity

Zhenshi Information Technology (Shenzhen) Co., Ltd., hereby declare that this device is in compliance with the essential requirements and other applicable provisions of European Directives 2015/53 /EU and 2011/65/ EU. For the full EU Declaration of Conformity, please refer to our website.<https://www.mibrofit.com/pages/support>



Specifications

Name: Mibro Watch GS Explorer S
Model: XPAW023/ XPAW023-Ti
Size: $\phi 44.1 \times 13 \text{mm}$
Operational Frequency: 2400-2483.5MHz
signal transmission: $\leq 20 \text{dBm}$
Battery capacity: 460mAh
Nominal voltage: 3.85V
Charging cut-off voltage: 4.4V
Input: 5V=1A Max.
FCC ID:2BAYW-XPAW023/2BAYW-XPAW023-Ti
Minimum charging power: 0.1W
Maximum charging power: 2W
Compatible with: Android 5.0 or iOS 10.0 and above

After-sales service Email: service@mibrofit.com
Manufacturer: ZhenShi Information Technology (Shanghai) Co., Ltd
Address: Room 4015, Building 2, No.588 Zixing Road, Minhang District, Shanghai, China
Exporter: ZhenShi Information Technology (Shenzhen) Co., Ltd
Address: RM1401-1403, 1408, Tower E, Galaxy World, Minzhi Street, Longhua District, Shenzhen, China

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement.

The device can be used in 0mm exposure condition, compliance with exposure requirements.



309SM0122_V1.1



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