

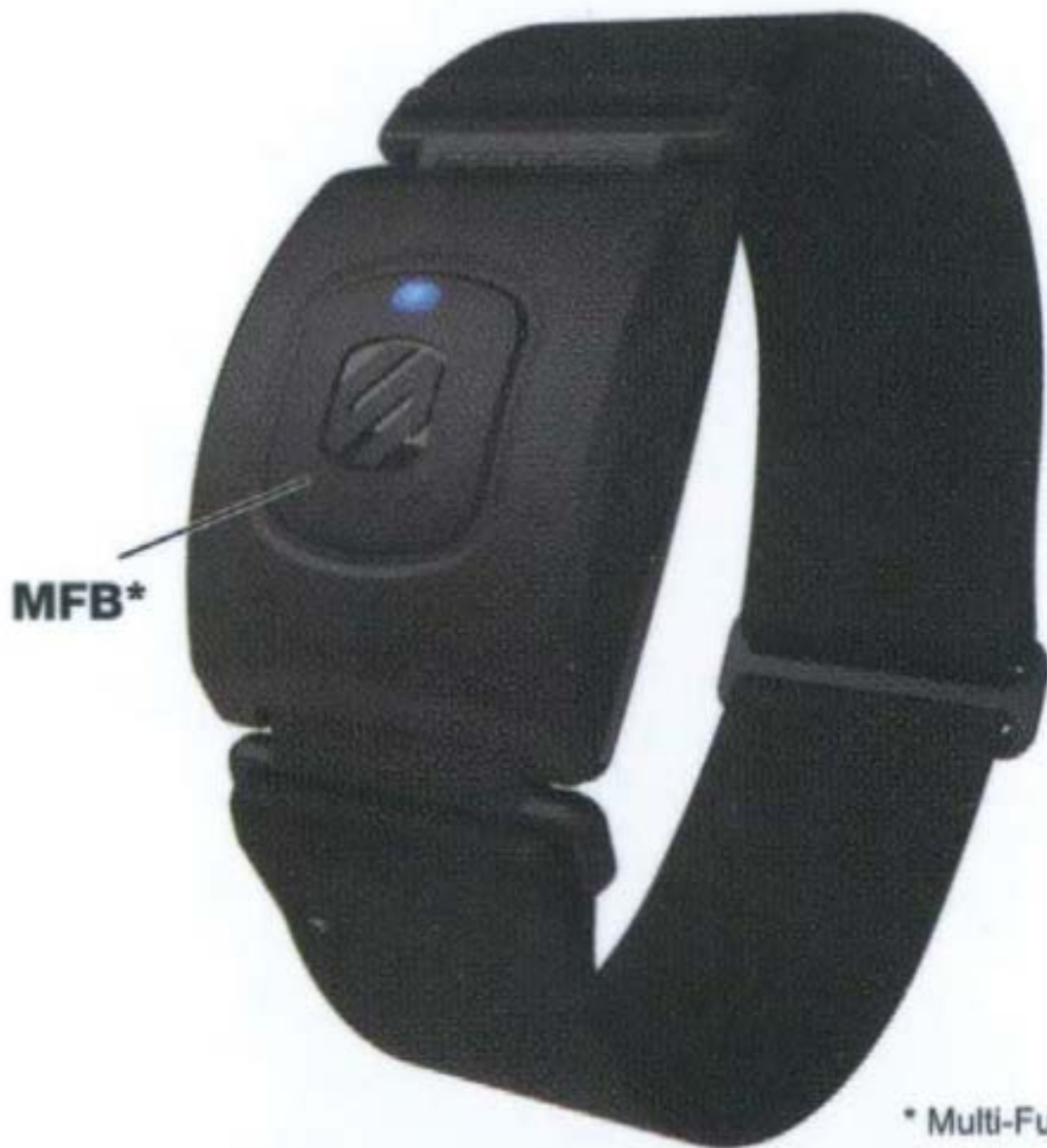


**RHYTHM+** 2.0  
Quick Start Guide

## **Power On/Off:**

**Turn On** - Press & hold MFB for 2 seconds

**Turn Off** - Press & hold MFB for 3 seconds



\* Multi-Function Button (MFB)

## **LED Status:**

**Red/Blue** – *Bluetooth* Pairing Mode

**(3) Blue Blinks** – Successful *Bluetooth* Connection

**Blue** – Normal Operation

**LED INDICATOR**



## Initial Setup with *Bluetooth* Smart Fitness Apps

1. *Bluetooth* is turned ON within your device.
2. Find the Sensor Settings menu in the *Bluetooth Smart* Fitness App.
3. Turn on your **RHYTHM+2.0** and select it in the app to connect.

## Initial Setup with *Bluetooth* & *ANT+* Smart devices

(Sports Watches & Fitness Equipment)

1. From the device settings menu select "Add HR sensor"
2. Turn on your **RHYTHM+2.0** and select it to connect.

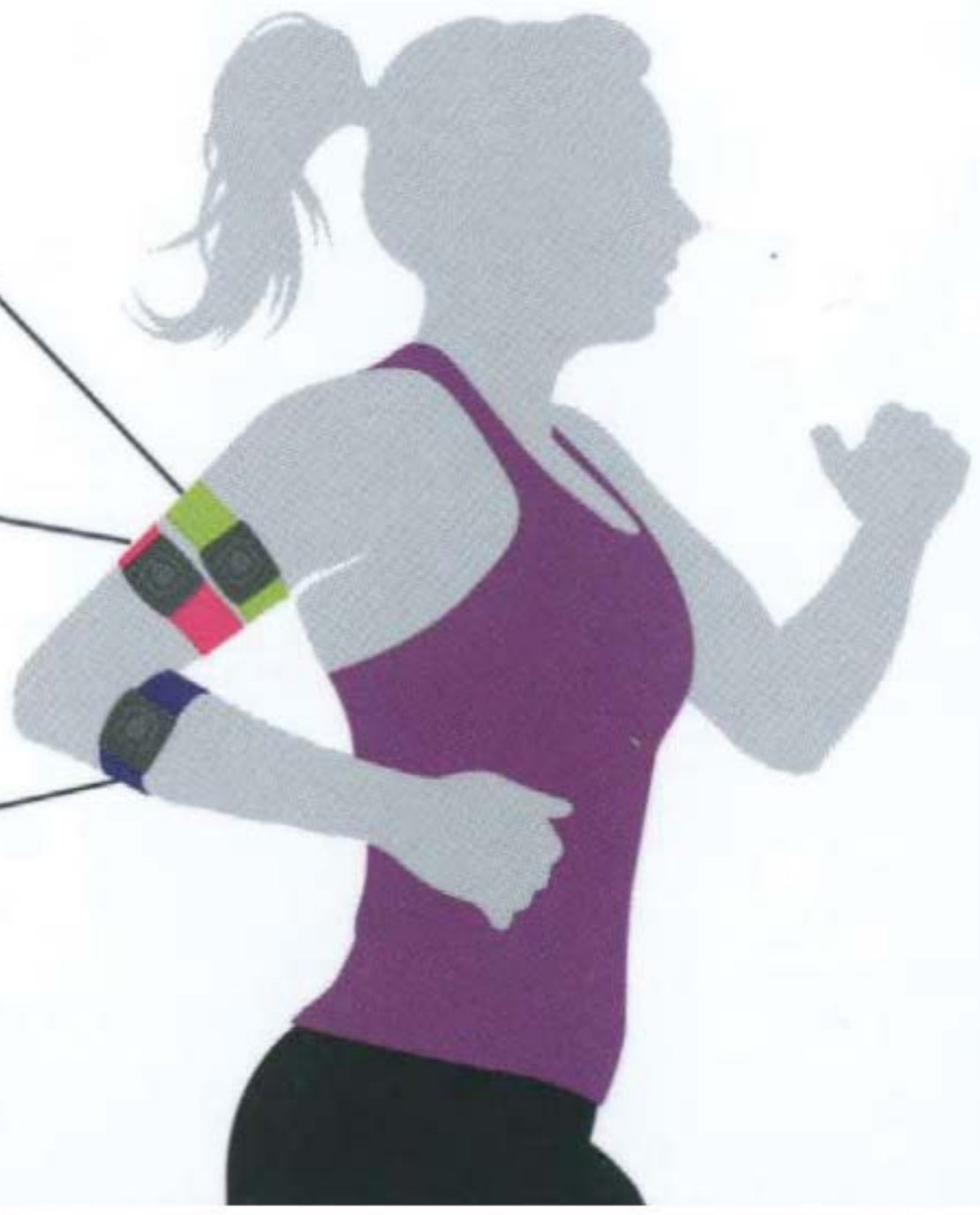


# Armband Placement

**BICEPS**

**TRICEPS**

**UPPER FOREARM**  
(recommended placement)





Scan QR code for more info

Fr: Balayez le code QR pour obtenir plus d'information

Sp: Escanee el código QR para obtener más información

Ger: Für weitere Informationen, scannen Sie den QR-Code

Ital: Eseguire la scansione del codice QR per ulteriori informazioni



**For question, contact**

**Scosche Customer Service**

**(800) 363-4490 x1**

**(805) 486-4450 x1**



## **FCC Statement**

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Please note that changes or modifications of this product is not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

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## **Canadian Compliance Statement**

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- 1) This device may not cause interference.
- 2) This device must accept any interference, including interference that may cause undesired operation of the device. The device meets the exemption from the routine evaluation limits in section 2.5 of RSS 102 and compliance with RSS-102 RF exposure, users can obtain Canadian information on RF exposure and compliance.

## **Déclaration de Conformité Canadienne**

*L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:*

- 1) *L'appareil ne doit pas produire de brouillage;*
  - 2) *L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.*
- L'appareil est conforme à l'exemption des limites d'évaluation habituelle de la section 2.5 de RSS 102 et de conformité avec l'exposition aux RF de RSS-102, les utilisateurs peuvent obtenir des informations sur l'exposition aux RF et leur conformité.*

取得審驗證明之低功率射頻器材，非經核准，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。低功率射頻器材之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前述合法通信，指依電信管理法規定作業之無線電通信。低功率射頻器材須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

CCAG20LP0580T2



R 018-200355

Complies with  
IDMA Standards  
DA105282

R!  
RAMATEL  
C-25871

史高思貿易(深圳)有限公司  
RTHM2.0  
CMIITID: 2020DP15589



TRA – United Arab Emirates  
Dealer ID : DA55570/16  
TA RTTE : ER92639/20  
Model: RTHM2.0  
Type: Heart Rate Monitor



IFT: XXXXXXXXXXXX